

IF I RIDE ...



If I ride I will know the way the trees smell after the rain I will grow heart so strong that hospitals will take Tuesday's off.

✂- - - - -

If I ride uphill I will eventually get to ride downhill that's how it works.

✂- - - - -

If I ride my breath will fill the air instead of smoke and car exhaust.

✂- - - - -

If I ride road-rage will turn into laughter and I won't be a boy or a girl I will just be a writer.

✂- - - - -

If I ride I can wear spandex like spider-man and the planet will cool down and survive and thank me for riding with flowers and glaciers and fireflies and snow days off from school.

✂- - - - -

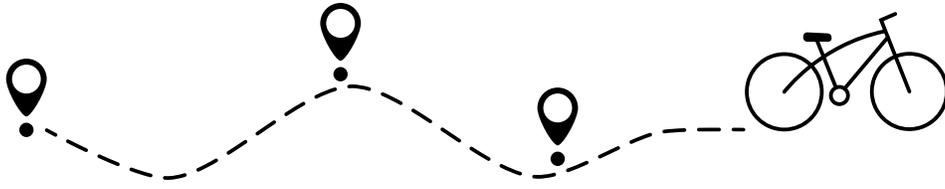
if I ride I will be strong I will change tires myself.

✂- - - - -

If I ride I will only use oil on my chain and oil tankers will haul chocolate milk.

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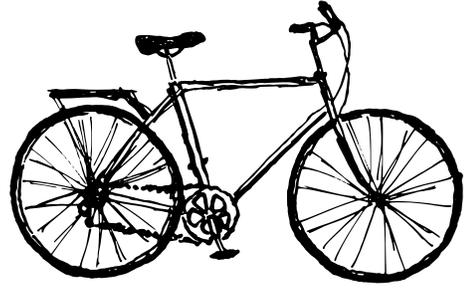
This is my poem to bike.



IF I RIDE ...

IF I RIDE

BIKES



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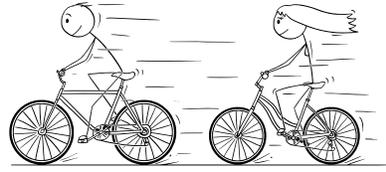
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If I Ride ... Cycling.



Finish the sentences and then share and compare with classmates.

1 If I ride ...

2 When I ride my bike ...

3 Cycling makes me ...

4 The best thing about riding a bike ...

5 When cycling be sure to ...

6 I remember riding my bike ...

7 Bicycles are ...

LET'S DISCUSS CYCLING

1. Do you remember your first bike? How did you learn to ride it?
2. When was the last time you went cycling? Where? How far?
3. Why is cycling a good form of exercise?
4. What kind of bikes can you name? What are the differences?
5. Have you ever watched a cycling race?
6. Why don't more people use bicycles to commute?
7. What's the farthest you've ever ridden a bike?
8. If you had \$2,000 to buy a bike, which one would you buy? Why?
9. Do you consider where you live "bike-friendly"?
10. What are the hand signals bikers must use when cycling?
11. Have you ever had your bike stolen? Or know someone? What happened?
12. What safety equipment should a cyclist wear?
13. Have you ever fallen off a bike? Or had a cycling accident?
14. Do you think the government should require people to have a bicycle license?
15. Are there any bicycle couriers where you live?
16. Do you know how to change a flat bike tire? Explain how.
17. Can you name any famous bike races or famous cyclists?
18. Do you think doping is very common among professional cyclists?
19. How is a bike for a female different? Or does it matter?
20. Do you think electric bikes will "take off" and be popular? Why? Why not?



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