

Our Shopping Problem



Students watch a video outlining the features of shopping addiction.

Pre, during, post watching activities.

Full instructions. Answer key.

Includes supplemental activities.



Our Shopping Addiction



A. Before You Watch: Discuss.

1. Does shopping and buying something give you a "hit" of adrenaline, a good feeling?
2. What was the last thing you bought online? Do you still have and use it?
3. Have you ever bought anything you didn't end up using? Did you ever return it?

B. While You Watch: Take notes and complete the sentences.

1. You get a _____ hit when you buy something.
2. There is an _____ aspect to shopping.
3. Americans spent _____ billion in 2017. _____ as much as 2002.
4. The average American buys _____ garments a year.
5. _____ out of 10 shoppers don't bother to return things they buy online.
6. Most of the clothes donated to thrift stores end up in _____.
7. Only _____% of plastics got recycled in 2015.
8. By the middle of this century, the amount of plastic items in our oceans _____.

C. After You Watch:

What can we do to solve the problem of having too much stuff?
Discuss and list solutions from the video or from your own community and knowledge.

Teacher Instructions

This lesson covers the topic of our behavior as consumers. Students watch a video detailing the problems associated with over-consumption and shopping. Then, students are challenged to find and share a solution.

Level: CEFR B1 and above

Lesson Objectives:

- * students will practice speaking about their current shopping lifestyle and consumer behavior and learn the difference between "want" and "need".
- * students will improve their listening skills and listen for key information
- * students will work cooperatively to find a solution to the problem of over-consumption and present their solution to the class.

Lesson Delivery:

- 1. Before:** Students answer and discuss the pre-watching questions. Answer the questions as the teacher before students discuss in small groups.
- 2. While:** Watch the video. Have students take notes during the video to complete the sentences. Watch again to take up, pausing at the answers. Use the provided answer key.
- 3. After:** Students in their small groups list some possible solutions. After, they present their solutions to the class. At the end, you might vote on the best solution!

- Extension:**
1. Prompt students about what things they've purchased this month. Ask them to state if it was 100% needed or if they could have done without it. Next, provide pairs or small groups the graphic organizer "*What I bought this month*" and have them list all their recent big purchases. Discuss if they were really needed or just something they just wanted.
 2. Students fill out the organizer "*Problem / Solution*" and then present their ideas to the class.

Our Shopping Addiction



Instructions: Watch a short video about shopping in the USA. Finish the activities.

A. Before You Watch:

 Discuss.

1. Does shopping and buying something give you a "hit" of adrenaline, a good feeling?
2. What was the last thing you bought online? Do you still have and use it?
3. Have you ever bought anything you didn't end up using? Did you ever return it?

B. While You Watch:

 Take notes and complete the sentences.

1. You get a **DOPAMINE** hit when you buy something.
2. There is an **EVOLUTIONARY** aspect to shopping.
3. American's spent **240** billion in 2017. **TWICE** as much as 2002.
4. The average American buys **66** garments a year.
5. **NINE** out of 10 shoppers don't bother to return things they buy online.
6. Most of the clothes donated to thrift stores end up in **LANDFILLS**.
7. Only **9** % of plastics got recycled in 2015.
8. By the middle of this century, the amount of plastic items in our oceans **WILL BE GREATER THAN THE NUMBER OF FISH**.

C. After You Watch:

What can we do to solve the problem of having too much stuff? Discuss and list solutions from the video or from your own community and knowledge.

ZERO WASTE HOUSEHOLDS

CAPSUL WARDROBES

YEAR OF NO SHOPPING

MINIMALISM

SUSTAINABLE PRODUCTS

DESIGN FOR REUSE

Name: _____

The Problem:



Here are the steps and solution to _____.

First.
Next.
After that.
Then.
Finally.

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