

BUY NOTHING DAY

VIDEO BASED LESSON

Video. Discussion Questions. Writing prompt. Organizers to discuss our consumer and shopping habits.

ELT BUZZ TEACHING RESOURCES



LET'S DISCUSS CONSUMERISM

1. Do you think many people buy more than they need?
2. How do commercials make us buy things we don't really need?
3. Have you ever bought something and then never used it?
4. Why do people buy stuff they don't need?
5. What are the essential things we need to survive and spend on?
6. What are some of the problems associated with consumerism?
7. Have you ever strongly wanted something but didn't need it? Why?
8. Why do people become hoarders? Do you know someone like that?
9. What are the minimum number of things you could live with?
10. Have you ever participated in Black Friday or shopped 'til you dropped?
11. What is some advice you could give about being a good consumer?
12. Have you ever bought nothing for one day? Two days? A week?
13. Do you think online shopping has made it easier for us to consume?
14. What are the environmental consequences of consumerism?
15. How would you control consumerism if you were President or the leader of the country?



Shopping

Talk about

shopping. Tell us:

- **Are you a brand conscious shopper?**
 - **What kind of small shops are there near where you are living?**
 - **Do you like shopping in the sales?**
 - **Do you enjoy window shopping around shops?**
 - **Do you know any one who is shopaholic?**
 - **Have you ever bought anything from a shopping website?**
 - **What is the best bargain that you have ever got?**
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Buy Nothing Day (BND) is an international day of protest against consumerism observed by social activists. Typically celebrated the Friday after American Thanksgiving (traditionally the first day of Christmas shopping) the USA and the following day internationally. People are encouraged to not make any purchases throughout the entire day. The idea is to sensitize people about their spending habits and to think about mass consumerism and its effect on the cultural and natural environment of the world.

What I think about Buy Nothing Day



My
Acrostic
Poem



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Name: _____

The Problem:



Here are the steps and solution to _____.

| |
|--------------------|
| First. |
| Next. |
| After that. |
| Then. |
| Finally. |

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