



I WILL

What are your resolutions for this year?

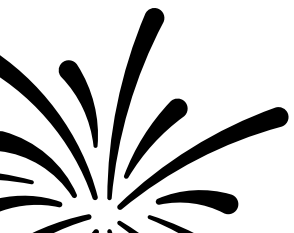
Check the things you want to do this year. Share how you will do them.

- | | | |
|---|--|---|
| <input type="checkbox"/> eat less | <input type="checkbox"/> quit wasting time | <input type="checkbox"/> start a diet |
| <input type="checkbox"/> smile more | <input type="checkbox"/> exercise more | <input type="checkbox"/> give to charity |
| <input type="checkbox"/> gives more hugs | <input type="checkbox"/> eat at home more | <input type="checkbox"/> study harder |
| <input type="checkbox"/> save money | <input type="checkbox"/> manage my temper | <input type="checkbox"/> recycle more |
| <input type="checkbox"/> buy less stuff | <input type="checkbox"/> drive slower | <input type="checkbox"/> join a gym |
| <input type="checkbox"/> lose some weight | <input type="checkbox"/> visit family more | <input type="checkbox"/> spend time in nature |
| <input type="checkbox"/> watch less TV | <input type="checkbox"/> get a pet | <input type="checkbox"/> take up a hobby |
| <input type="checkbox"/> be kinder | <input type="checkbox"/> get more sleep | <input type="checkbox"/> read more |
| <input type="checkbox"/> give my time | <input type="checkbox"/> join a club | <input type="checkbox"/> eat healthier |
| <input type="checkbox"/> more family time | <input type="checkbox"/> stop complaining | <input type="checkbox"/> take walks |

2023

RESOLUTIONS

THIS YEAR, I'M GOING TO ...



MY

RESOLUTIONS

I'M GONNA

I'M NOT GONNA

