

6 THINGS

WE ALL NEED
IN LIFE 

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Life is really simple. However, so many complicate it. There really are only 6 things you need in your life, to be complete. Set these in place and you'll be on your way and on solid life-giving ground. Here are the 6 things we all need in our lives.

Number 1. Purpose. Our lives get direction and significance when we feel as though we are living with a sense of purpose. We need to aim at something.

Number 2. Love. A crucial component of human pleasure is establishing solid, meaningful relationships with other people. Love is without error, said one wise man.

Number 3. Accomplishment. Feeling like we are moving forward and reaching our objectives is crucial for our sense of self-worth and fulfillment.

Number 4. Growth. Continually learning about and bettering oneself makes us feel happy and fulfilled in life. We need to see ourselves as growing.

Number 5. Faith and Charity. Contribution to something greater than ourselves: Making a difference in the world or helping others can give our lives meaning and purpose.

Number 6. Health. Both immediate happiness and long-term wellbeing depend on taking good care of our bodies and minds. You can't achieve with a sick, tired body and mind.

That's it. Start today. Don't put off building a solid life foundation based on these 6 bedrock principles based on our essential needs.