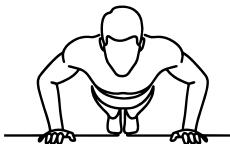
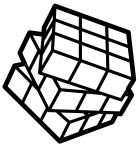




CRAZY WORLD RECORDS

What do you think the world records for these events?
Take a guess, then check your answer by watching the video.



1. Highest Wave Ever Successfully Surfed.
2. Eating A Banana With Your Hands Tied
3. Solve 3 Rubiks Cubes At The Same Time
4. Longest Staying In Ice, Full Body.
5. Shortest Time To Drink 2 Liters Of Cola
6. No. of Football Juggles With Ball On Head
7. No. of One-Finger Pushups in 1 Minute
8. Time To Eat A 30cm Pizza
9. Length Of The World's Longest Skateboard
10. Time To Hold 1 Musical Note While Singing

?

Meters

?

Seconds

?

Minutes

?

Hours, Minutes

?

Seconds

?

Minutes

?

Minutes, Seconds

?

Meters

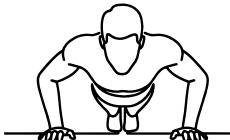
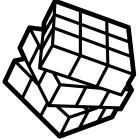
?

Meters



CRAZY WORLD RECORDS

What do you think the world records for these events?
Take a guess, then check your answer by watching the video.



1. Highest Wave Every Successfully Surfed.

?

26.5

Meters

2. Eating A Banana With Your Hands Tied

?

20.5

Seconds

3. Solve 3 Rubiks Cubes At The Same Time

?

1.5

Minutes

4. Longest Staying In Ice, Full Body.

?

3:00

Hours, Minutes

5. Shortest Time To Drink 2 Liters Of Cola

?

18.5

Seconds

6. No. of Football Juggles With Ball On Head

?

111

7. No. of One-Finger Pushups in 1 Minute

?

57

8. Time To Eat A 30cm Pizza

?

32.5

Minutes, Seconds

9. Length Of The World's Longest Skateboard

?

16

Meters

10. Time To Hold 1 Musical Note While Singing

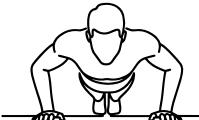
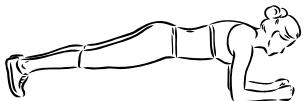
?

2:01

Minutes, Seconds



What do you think the world records are for these forms of fitness? Take a guess then watch a video and find out the correct answers. Then, try them yourself. How well can you do?



WORLD RECORDS

1. Longest time in abdominal plank (female)

Hours. Minutes.

?

2. Longest time in abdominal plank (male)

Hours. Minutes.

?

3. Most one-arm thumb push ups in 1 minute

?

4. Most full contact punches in 1 minute

?

5. Most consecutive handstand push ups

?

6. Longest time in a human flag position

Minutes. Seconds

?

7. Most pull ups in 24 hours (female)

?

8. Most skipping cross overs in one minute

?

9. Most one finger push ups in one minute

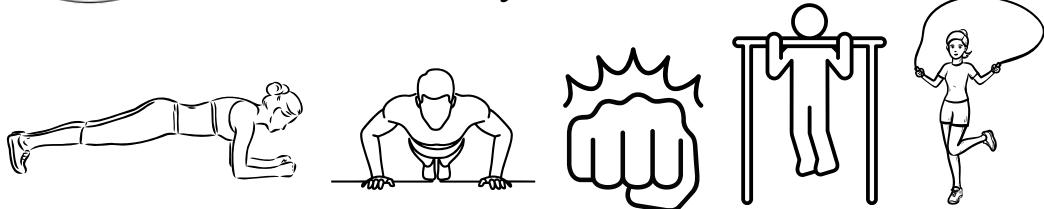
?

10. Most full extension punches in one minute

?



What do you think the world records are for these forms of fitness? Take a guess then watch a video and find out the correct answers. Then, try them yourself. How well can you do?



WORLD RECORDS

1. Longest time in abdominal plank (female)

Hours. Minutes.

? 4 hours
19 minutes

2. Longest time in abdominal plank (male)

Hours. Minutes.

? 8 hours
15 minutes

3. Most one-arm thumb push ups in 1 minute

? 44

4. Most full contact punches in 1 minute

? 654

5. Most consecutive handstand push ups

? 52

6. Longest time in a human flag position

Minutes. Seconds

? 1 min.
5 seconds

7. Most pull ups in 24 hours (female)

? 3,737

8. Most skipping cross overs in one minute

? 108

9. Most one finger push ups in one minute

? 57

10. Most full extension punches in one minute

? 334

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